

Verbena menthifolia

Mint-Leaf Vervain



Photographs by Margaret L. Fillius

NOTE: Photographs are of related species, *Verbena lasiostachis*

BIENNIAL OR PERENNIAL HERB - deciduous.

1 to 3' high, 1' spread.

1 to 3 basal, erect stems.

Deeply lobed leaves near base.

Flowers purplish - summer.

Native habitat: Dry, open places, shrubland below 1000' -
southern coast, western Peninsular range, to Texas and
Mexico.

Full sun.

Minimal water requirements.

Good pioneer plant, will grow in any soil.

Important habitat plant - food source for many native
California insects.

Cut back to the ground once per year.

