

Stachys ajugoides

Hedge Nettle

PERENNIAL, from rhizome,
semi-deciduous.
1-2' high, spreading.
Leaves have long, silky hairs.
Flowers pink, in clusters along
stem — June to October.

Native habitat: moist open areas,
below 3000' — freshwater
marsh, riparian, coastal sage
scrub, some forests —
western California to British
Columbia.

Part shade.
Tolerates clay.
Moderate amount of water,
depending on location.

Good in perennial flower border.
Can form groundcover.



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