

*Pycnanthemum californicum*  
Mountain Mint, Sierra Mint



Photograph by Stickpen, PD



Photograph by Barry Breckling, Calphoto

PERENNIAL HERB, rhizomatous.  
18 - 45" high, 18 - 36" wide.  
Sometimes fuzzy, ovate to lanceolate leaves.  
Flowers in head-like clusters, white upper lip and purplish lower lip.  
Flowers June - September.  
Aromatic, in mint family.

Native Habitat: mountains and foothills of California, 1500 - 6000'.

Sun, partial shade.  
Moist places.  
Needs supplemental water.

Use in swale or near pond, where it can find water.

